	7 - 21 km	10,8 km	5 - 10 km	16 km	6 - 12,8 km	9 - 21 km	10 km	5 mijl - 10 mijl	9,5 km	9,7 - 5 km	42 km - 100 km	8,7 km - 11,6 km	5 km - 10 km	8 km - 17,2 km	7 km - 10 km	3,7 km - 11,1 km	7 km - 16 km	10 km	42 km	10 km - 21,1 km	8,6 km - 11,5 km		
	Deinze-Aalter 11/11	Kerstcorrida Langemark	Corrida Tielt 26/12	Oostende-Brugge 07/03	Brigandsloop 27/03	Sparregalmse volkslopen 18/0	Rembertcorrida 23/04	Aalter 14/05	Ruiselede 29/05	Watewyloop 06/06	Nacht v Vlaanderen 18/06	Saladekermisloop 26/06	Beach Run Koksijde 23/07	Angreau-Honnelles 07/08	Zottegem 14/08	Wingene 3e stratenloop 21/08	Dwars door Grijsloke 28/08	10 km van Koolskamp 04/09	In Flanders Fields 12/09	Dynamicarun Meulebeke 18/09	Berenloop 26/09	**Totaal**	
SENIOREN DAMES																							
Bruwier Elke	x	x	60	x	x	x	x	x	x	x	x	x										60	
Devoldere Evelyn	x	29	58	x	x	x	x	x	36	x	x											123	
Haeck Ashley	x	x	48	x	x	x	x	x	x	28	x	x										76	
Lannoo Lotje	x	x	50	x	30	x	29	x	x	30	x	x										139	
Maebe Freija	x	x	54	x	x	x	x	x	x	x	x	x										54	
Petralia Fien	x	x	x	x	x	x	28	x	x	x	x	x										28	
Spriet Elke	x	30	52	29	30	x	30	x	30	40	x	x										241	*
Tack Lore	x	x	58	x	x	x	x	x	x	x	x	x										58	
Vanluchene Lisa	x	x	56	x	x	x	x	x	x	x	x	x										56	
MASTERS DAMES																							
Coene Annick	30	x	52	x	27	x	x	x	27	29	x	28										193	
Devriese Griet	x	x	56	x	37	x	29	x	x	x	x	x										122	
Geerolf Christa	x	30	58	x	28	29	28	30	29	28	x	x										260	*
Hoorelbeke Marleen	x	x	54	x	29	30	x	x	x	34	x	x										147	
Lammertyn Nancy	30	x	60	x	30	x	30	x	x	29	x	29										208	
Thienpont Ria	x	x	74	30	x	x	x	x	40	40	x	40										224	
Vancoillie Els	x	x	60	x	x	x	x	x	x	x	x	x										60	
Vankeirsbilck Dorine	x	x	56	x	29	x	x	x	28	27	x	x										140	
Verbauwhede Marianne	x	x	58	x	x	x	x	x	x	x	x	x										58	
SENIOREN HEREN																							
Colpaert Frederick	x	x	60	30	x	x	x	x	x	x	x	x										90	
Eggerick Alexander	x	30	50	x	30	40	30	34	29	29	x	30										302	*
Maes Marino	x	x	48	x	x	30	29	x	27	28	x	x										162	
Petralia Jan	x	x	58	x	x	x	x	x	x	x	x	x										58	
Soenens Tim	x	x	x	29	x	x	x	x	30	30	x	x										89	
Tanghe Jeroen	x	x	54	x	29	x	x	x	x	x	x	x										83	
Vandevoorde Ruben	30	x	52	x	x	x	x	x	x	x	x	x										82	
Vannieuwenhuyse Y	x	x	44	x	x	x	x	x	x	x	x	x										44	
Van Over Beke Ruben	x	29	46	x	x	x	x	x	x	x	x	x										75	
Vromman Jan	x	x	56	x	28	x	x	30	28	x	x	x										142	
MASTERS HEREN																							
Debaets Christophe	x	x	x	30	x	x	x	37	x	x	30	x										97	
Braeckevelt Rik	x	x	x	x	23	x	x	x	x	x	x	x										23	
Devlaminck Luc	x	x	48	26	x	x	27	x	x	26	x	27										154	
Heytens Pascal	x	x	x	-	29	x	x	x	x	x	x	x										29	
Hoste Franky	x	x	x	x	x	x	x	x	30	x	x	x										30	
Kint Edwin	22	x	x	21	20	x	22	24	x	22	x	x										131	
Lannoo Dirk	x	x	60	x	30	x	30	29	29	30	x	30										238	
Lefevre Rik	27	29	54	25	25	x	x	29	26	28	x	26										269	
Luttun Roeland	x	27	40	x	22	x	x	x	x	x	x	x										89	
Maes Luc	28	x	42	22	21	27	24	25	23	-	x	x										212	
Popelier Wim	x	x	34	x	18	x	23	x	x	21	x	22										118	
Royaert Geert	x	x	58	x	x	x	x	x	x	x	x	x										58	
Sissau Erwin	23	28	44	23	24	28	25	26	25	25	x	24										295	
Vackier Pol	30	30	56	28	27	30	29	28	28	x	x	29										315	*
Valcke Danny	x	x	32	x	x	x	x	x	x	x	x	x										32	
Van Bruwaene Rudi	29	x	46	27	28	30	x	30	27	29	29	28										303	
Van De Putte Dominiek	24	x	50	x	26	x	28	28	x	27	x	25										208	
Vande Langerijt	x	x	x	x	x	x	x	x	x	x	30	x										30	
Vande Walle Dirk	x	x	36	20	x	x	x	x	x	x	x	x										56	
Vanduynslager Peter	25	x	52	x	x	x	x	x	x	x	x	x										77	
Verhaege Ronny	26	26	38	24	19	29	26	27	24	24	x	23										286	